#### NEWSLETTER

#### SUMMER, 2024

# TAMWORTH RECREATION



Get ready for summer! In this newsletter you'll find details regarding summer youth programs, adult sports activities and community events. You can register for all programs by visiting our Recreation Department page on our website:

#### **CLICK HERE TO REGISTER**

While we do our best to secure programming, all programs and events are subject to change. Check our website for the most up to date information or contact our office if you have any questions!

Emily Verny 603-704-0856 recdirector@ tamworthnh.org



Follow us on Facebook @ Tamworth Recreation Sincerely, Emily Verny

#### Download our new Tamworth Rec App!

Stay up to date on all things Tamworth Rec by Downloading our new App for free in the Apple store or Google Play by searching "Tamworth Rec". If you have a community event that you would like added, email Emily: Recdirector@tamworthnh.org



#### www.tamworthnh.org

### **TAMWORTH SUMMER ENRICHMENT PROGRAM**



#### **T.S.E.P Registration:**

Week 1: June 24th - 28th Week 2: August 19th - 23rd

When: 8:30 am - 4:00 pm Where: KA Brett School Cost: FREE Registration Deadline: June 1st

Each week is limited to 40 kids. Registration is based on a first-come, first- serve basis. Must be a Tamworth resident between the ages of 6-12.

# Thank you to our sponsors...

- Cook Memorial Library
- Advantage Kids Tennis
- Bearcamp Bikes
- Advice to the Players
- Chocorua Lake Conservancy

SEP sample schedul

- Tamworth History Center
- Chocorua Library
- Tamworth Outing Club
- The Other Bakery
- Tin Mountain Center
- Arts Council of Tamworth
- The Barnstormers Theatre

#### **Program Details:**

The Tamworth Summer Enrichment Program (TSEP) is an opportunity for Tamworth kids (Ages 6-12) to spend the week with their peers, exploring all that our wonderful community has to offer. Each day we go on a local Tamworth adventure and explore our town! This program is made possible with efforts from the KA Brett School, the Tamworth Rec Department and support from our local nonprofits!

Children are expected to arrive with their TSEP t-shirt, a water bottle, a snack and a lunch. Please also send your child dressed appropriately for the weather.



Time	Activity:
8:30	Arrival: check-in, welcome circle
9:00	Sport, ie: Advantage Kids Tennis, Soccer, Kick-Ball
10:00	Snack: Kids break for a snack & rest
10:30	Guest Activity, ie: Bearcamp Bikes or Arts Council
12:00	Lunch: Kids break for picnic lunch
12:30	Load the vans
1:00	Local Adventure, ie: Firetower Hike or Visit The Barnstormers
3:30	Return to school for journal activity, pack up
4:00	Dismissal, parents pick up & sign out

# **FRIDAY FIELD TRIPS**



#### PLEASE DOWNLOAD THE FREE "TAMWORTH RECREATION" APP

- VIEW TRIP DETAILS & REMINDERS
- GET UPDATES ON ARRIVAL & DEPARTURE
- STATUS SEE PHOTOS!

## **Scheduled Trips:**

- July 12th: Storyland & Aquarium
- July 19th: Chucksters
- July 26th: Squam Lake Science Center
- August 2nd: Whales Tale Water Park
- August 9th: Mr. Drew & His Animals Too!
- August 16th: Cranmore Adventure
  Park

Field trip destinations are subject to change.

## **Program Details:**

Every Friday, July 12th - August 16th

When: 8:30 am - 4:00 pm Where: KA Brett School Cost: \$25, includes your t-shirt Registration Deadline: June 1st

Each week is limited to 50 kids. Tamworth residents only. Registration is based on a first-come, first-serve basis. Priority is given to families enrolling for all 6 weeks. A waitlist will be created for any families wishing to sign up for individual selected trips.

Drop off is at the KA Brett School. Children will check in and be assigned into their group of 10 kids. Each group of 10 children will have 2 counselors. We then review our safety rules & expectations and load the bus! A notification will be sent to parents when we arrive safely, as well as when we depart.

Children are expected to arrive with their Friday Field Trip t-shirt, a water bottle, a snack and a lunch. Please also send your child dressed appropriately for the outing.



## **SPORTS CLINICS**



- 12:00 pm Arrival
- 12:15 pm Stretch
- 12:30 pm Skills & Drills
- 1:00 pm Snack
- 1:15 pm Scrimmage
- 2:15 pm Water Break
- 2:30 pm Cool Down
- 3:00 pm Dismissal

## **Registration Details:**

Where: Tamworth Rec Field When: Tuesday, Wednesday, Thursday Time: 12:00 - 3:00 pm Cost: \$10 per week Registration Deadline: June 1st

While rebuilding our Recreational Sports programs, it is so important to keep kids active and engaged. Each week we will focus on skills and drills for a specific sport, followed by a snack and a scrimmage. Children are expected to arrive with a snack, a water bottle and dressed appropriately for the weather.



Session 1: July 9/10/11 Flag F	ootball
Session 2: July 16/17/18	Soccer
Session 3: July 23/24/25 K	<b>(ickball</b>
Session 4: July 30/31/1 Bo	aseball
Session 5: August 6/7/8 Pic	skleball
Session 6: August 13/14/15 Bas	ketball

Programs are subject to change.

#### **STAY TUNED FOR INFO ON SWIM PROGRAMS**

## TOWN OF TAMWORTH SEEKING: SWIM INSTRUCTORS & LIFEGUARDS \$20 - \$25 /HOUR

#### LOVE TO SWIM? LOVE KIDS? LOOKING FOR EXTRA INCOME THIS SUMMER? JOIN THE TAMWORTH REC TEAM!

Now hiring certified swim instructors for the Summer 2024 season. Lessons will run midweek in July and August 2024. Instructors will work with 3-6 students per 30-minute lesson, for multiple lessons throughout the week.

> Tamworth Rec Swim Instructors report directly to the Tamworth Rec Director.

Pay \$20-22/hour, based on certifications and experience; \$25/hour for dual certification of BSI/WSI and lifeguard.



## **ADULT PROGRAMS**



#### **HIKES WITH FRIENDS**

When: The first Friday of every month, starting June 7th

Time: 11:00 am

Where: Tamworth Town House, 27 Cleveland Hill Road

Cost: FREE, no registration required

Meet at the Town House parking lot and carpool to our destination! Each time we will explore a different local walk/hike. We will announce in advance which hike is scheduled and its level of difficulty.

"Hikes with Friends" is brought to you by TCNA!

## **ADULT DODGE BALL**

When: Fridays @ 5:00 pm Start Date: Friday. May 3rd End Date: June 14th Cost: FREE, no registration required

Drop-in and bring your friends! No registration required for this friendly competition. Wear sneakers, bring a water bottle and prepare for battle. Dodge ball is offered to all adults over the age of 18 who have a spirit of fair play and sportsmanship.



#### **ADULT TENNIS LESSONS**

When: Wednesdays, starting May 1st Time: 5:30 - 7:00 pm Where: Tennis Courts, 881 Tamworth Rd Cost: \$10 per session Registration Deadline: Online, prior to class

Work on your tennis skills in small groups with a certified instructor. Whether you are brand new to tennis or looking to work on your basic skills - all are welcome!

## **ADULT PROGRAMS**

#### PICKLEBALL

#### When: 5:00 - 8:30 pm

Mondays "Advanced Players Only" Tuesdays & Thursdays "All Levels" Where: Tennis Courts, 881 Tamworth Rd Year-Round Play (we move outside in May) Cost: FREE

Registration: No pre-registration, drop in!

While Monday evenings are reserved for advanced players only, Tuesday & Thursday Pickleball welcomes multiple levels of play. There is one "rookie" court reserved for less experienced players, and two "intermediate" courts for players who have the following skills:

- Have knowledge of the basic rules
- Understanding of how to keep score
- Be able to serve and return a serve properly and consistently
- Be able to know when to play up to the kitchen
- Dink proficiently



- SESSION 1: JUNE 10/12/14
- SESSION 2: JULY 8/10/12
- SESSION 3: AUGUST 12/14/16





WANT TO GET BETTER AT PICKLEBALL? CONSIDER TAKING OUR PICKLEBALL 101 COURSE THIS SUMMER!

#### **PICKLEBALL** 101

When: Monday/Wednesday/Friday Time: 10:00 - 11:00 am Where: Tennis Courts, 881 Tamworth Rd Cost: \$10 per weekly session Registration Deadline: Online, prior to class

This course is a great introduction to Pickleball! Learn the basics on how to serve, return a serve, keep score and work on your skills in a small group setting!

## **INDEPENDENCE DAY - JULY 4TH**

#### **Ordination Rock Run**

July 4th is a day filled with fun for the whole family! We begin the day at 8:00 am with a 5K hosted by the **Tamworth Outing Club**. Visit their website for registration information and event details:

https://ordinationrockrun.com/





## Family Fun Day

After the parade, join us downtown for food trucks, face painting, lawn games and fun! Behind the distillery you'll hear the Starlight Honeys playing in the Barrell House from 12:00 - 2:00 pm. At 1:00 pm we'll announce the parade winners and start field games:

- Wheelbarrow race
- Potato sack race
- Egg toss

#### Parade!

At 10:30 am we line up for the parade at the end of Depot Road. We encourage walkers, bikers, classic cars and creative floats to join! The parade starts at 11:00 am and travels down Main Street. Please note: Main Street is CLOSED from 11:00 am - 2:00 pm. To participate in the parade, no pre-registration is required, simply show up at Depot Road at 10:30 if you'd like to join! Prizes will be given to:

- MOST PATRIOTIC
- MOST CREATIVE
- MOST "TAMWORTHIAN"

Winners will be announced at 1:00 pm behind the Distillery!

#### PARADE FLOAT FUN! JUNE 22ND 11:00 AM - 1:00 PM

Thinking about participating in the parade? Join us on June 22nd on the **Cook Memorial Library** lawn to work on your parade float, bike decoration, puppets or whatever you'd like! Bring whatever supplies you need along with your ideas and your creativity! Some supplies will be provided. This will be fun for the whole family.

## **FIREWORKS - JULY 5TH**

#### **Fireworks Display!**

Join us on Friday, July 5th for an evening of fun at the KA Brett School, 881 Tamworth Rd. 7:00 pm food trucks will be serving BBQ, Burgers, Hot Dogs, Ice Cream and more!

Under the tent, take a seat and listen to the **Jonathan Sarty Band** play some classic favorites.

At 9:00 pm find a seat on the field, bring a blanket and your lawn chairs to sit back and enjoy the fireworks display!



#### **INTERESTED IN BEING A VENDOR?**

If you are interested in being a vendor for either July 4th or 5th, please contact the Recreation Director, Emily Verny to discuss what you'd be interested in selling:

> recdirector@tamworthnh.org 603-704-0856





# DONATE! TANNORTH REC GEAR SNAP SHOP

Have any outdoor gear that you've been meaning to clean out of your garage? Help us create a Tamworth Rec gear swap shop! Snowshoes, ice skates, cleats, fishing poles, backpacks, tents and anything else rec related!

Our hope is to create a free swap shop where any Tamworth Resident can come borrow gear for an outdoor adventure. Once your adventure is completed, the gear will be returned and ready for the next person. Only accepting gently used gear, nothing that is broken or needs repair, please!

Connect with Rec Director, Emily Verny to set up a time to donate your gear: recdirector@tamworthnh.org or call 603-704-0856

# TAMWORTH REC SEEKING: VOLUNTEER COACHES

TRACK BASEBALL SOFTBALL FLAG FOOTBALL SOCCER

INTERESTED? EMAIL EMILY: RECDIRECTOR@TAMWORTHNH.ORG